



year 8 Home economics

“Education comes from within; you get it by struggle and effort and thought.”

- Napoleon Hill

KEY DATES...

- 14/3: Adelaide Cup Public Holiday
- 17/3: Governing Council Annual General Meeting – 6:30pm
- 18/3: National Action Against Bullying Day
- 21/3: Harmony Day
- 25/3: Good Friday Public Holiday
- 28/3: Easter Monday Public Holiday
- 5/4: Immunisation for Year 8
- 8/4: 7-12 Sports Day
- 14/4: Last Day of Term 1
- 15/4: Pupil Free Day

REMINDER Immunisation Forms

A reminder for all Year 8s to return their Immunisation forms by 21st March.

A NOTE FROM MIDDLE YEARS LEADERSHIP

Welcome to Week 6! We are now well and truly over the half-way mark for Term 1. Middle Years students have been engaged in a broad range of learning opportunities which were showcased at the last Middle Years' Assembly. Student presenters were certainly impressive, demonstrating confidence in a mature manner before the large, responsive audience. The highlight of the assembly for me was students reciting their complex sentences incorporating vocabulary linked to their learning. Students demonstrated outcomes in relation to the Explicit Teaching pedagogical practices they are collectively focusing on in the Middle Years. I am looking forward to more MY students showcasing their work at the next Middle Years' Assembly later this week.

Year 7 students enjoyed their excursion to 'Woodhouse' last week where their team building skills and physical fitness levels were put to the test throughout the obstacle course at Challenge Hill. Students and staff enjoyed the opportunity to use the wonderful outdoor learning environment Woodhouse has to offer as a unique learning space for the day.

Many thanks to Ms Kirsty Williams and Ms Caitlin Hilliard who invited me to attend trials for a Year 8 and Year 9 Debating Team. Students will compete in the NASSA (Northern Adelaide State Secondary Alliance) Debating Challenge. The competition is due to begin next week so here's wishing our students all the very best!

We wish Ms Lauren Daniel all the very best as she prepares for the birth of her child in the near future. Ms Daniel will take leave from next week until the end of the year and thank Ms Melissa Bloksgaard who will teach Ms Daniel's classes for the rest of the year. We welcome Ms Morgan Jones who will teach Ms Bloksgaard's classes till the end of the year.

Angie Michael
Executive Leader 7-12

GATES NOTICE:

Gate opening and closing times are changing – beginning Tuesday 15th March.



Gates will be open between 8:30am and 9:05am for morning arrival and then opened for afternoon pick up at 2:45pm.

The reception area can still be accessed via the main doors at all other times, yard access is restricted to gate opening times.

Thank you for your support in helping us maintain the safety of our children.

10 What Questions to Develop a Growth Mindset in Children

1. What did you do today that made you think hard?
2. What happened today that made you keep on going?
3. What can you learn from this?
4. What mistake did you make that taught you something?
5. What did you try hard at today?
6. What strategy are you going to try now?
7. What will you do to challenge yourself today?
8. What will you do to improve your work?
9. What will you do to improve your talent?
10. What will you do to solve this problem?



THE UNIFORM SHOP

OPENING HOURS

Monday 2.30 - 4.30pm

Wednesday 8.30 - 10am

Thursday 8.30 - 10am

MEET THE STAFF

Luke Ames

"My name is Luke Ames and I have the privilege of working with the Year 9's in Science and Mathematics. I have been teaching now for 4 years and have taken the jump from Year 5 to Year 9 this year. I enjoy teaching mathematics and trying to break the negative stigma that usually goes with it. I am excited to work within the community, and try to make positive contributions. I am always willing to make myself available if you need to discuss anything.

Here is to a great year."



MIDDLE YEARS LEADERSHIP

Angie Michael

Executive Leader 7-12

E: Angie.Michael@moc.sa.edu.au

Nathan Elliott

Senior Leader - Head of Middle Years

Kylie Christians

Leader - Learning and Well Being

Ashli Richards

Leader - Learning and Year 9

Matt Ames

Leader - Learning and Year 8



www.facebook.com/MOCMiddleYears

7-12 SPORTS DAY!

Sports Day is fast approaching
- Friday Week 10. Start organising
for your house colours now!



CONFLICT RESOLUTION

A common challenge for adolescent students is the art of conflict resolution. As children move through adolescence their changing hormones, and emotions, make it very difficult to calmly process alternative perspectives and points of view. Until they mature and develop the complex skills required to resolve differences calmly it is important for us as adults to assist in working through challenges with other students. The adult mediator can play a crucial role in ensuring a resolution can be made without resorting to threatening behaviours, or worse, physical reactions.

To help adolescents work through conflicts encourage them to work through the following steps:

1. Discuss what has happened in a respectful manner with an agreement that each person will have time to speak but neither should interrupt the other. A seated position can provide a less intimidating environment at this point.
2. Each person provides specific information about the problem.
3. Each person expresses how the situation made them feel. Help the other understand how they are feeling and why.
4. Suggest something that each person will do to work through the problem.
5. Both parties agree to carry out the suggestion.
6. Both parties agree to return to the mediator (adult) if any more issues arise.



Nathan Elliott, Senior Leader - Head of Middle Years

DESIGN & TECHNOLOGY

This term for Year 8's in Design and Tech, we have been working on chopping boards and 3D printing. We were asked to do a variety of theory activities for chopping boards where we looked at three different types of wood that we would be using to make our own chopping boards. We are also learning how to use Creo Parametric whether it's for the first time or for our second year to make three-dimensional objects.

By Jordan 8G

In Year 9 Design and Technology this term we have been designing storage boxes that will reflect our personalities, in the coming weeks we will start to make these boxes and use the laser printer to engrave them. We have also been using Creo Parametric for designing our 3D printed products for our businesses that we created and will use the Makerbot 3D printer to print them.

By Pamela and Carly 9C

This term in Design and Tech with Mr. Carter, the year nine students have been learning how to use the machines safely, how to convert measurement's, the differences of different wood types, and how to use 3D printing software's. We used the band saw, the drop saw and drill press. It was very fun to use and not as scary as I thought. Our wood work project is to make a box. The box has to reflect ourselves, so we are adding certain elements, laser printed images and a 3D printed element to either go on the box or in the box.

Steffanee, 9F

ENGLISH - DAILY WRITING WARM UPS

Daily Writing Warm Ups meet the specific learning needs of students across the full range of abilities as it is heavily scaffolded. Through each component of the writing exercise, students are offered examples and 'self-talk' of how to write a complex sentence. These examples can be copied in a 'write your own adventure' style activity. Conversely, students who want to challenge themselves are encouraged to write their own complex sentence.

Matt Ames, Leader - Learning and Year 8

YEAR 8 HOME ECONOMICS

Students have been cooking up a feast this term with the wonderful Miss Ramm. They have been on an Asian cultural experience, exploring different Asian cuisines such as Vegetable Stir-Fry, Asian Poached Chicken Salad and Spring Rolls and next week they are cooking Beef Samosas. Students have been developing their cooking techniques, trying different cooking methods such as stir frying, blanching, poaching and sautéing.

URBAN YOUTH SERVICE

THE PIER at THE RISE Elizabeth Downs

YOUTH DROP-IN EVERY TUESDAY AT 3.30-5PM

- AGES 10 - 25
- VIDEO GAMES ON THE BIG SCREEN
- COOKING AND FREE FOOD
- TABLE TENNIS AND 8-BALL
- ART AND CRAFT ACTIVITIES
- CHILL OUT AREA

ELIZABETH RISE COMMUNITY CENTRE

Shop 7 / 26 Hamblunn Road, ELIZABETH DOWNS



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